



Order Form May 2006

For : _____

1. Choose Your Package:

Package	Size	Total Servings	Cost	Please Check One
Minivan	12 meals serving up to 6 each	72	\$220	
Sedan	8 meals serving up to 6 each	48	\$170	
Compact	12 meals serving up to 3 each	36	\$145	

*Want us to assemble your meals? Add \$30 for meal assembly service: Yes ___ No ___
Yes, we deliver! Free within 5 miles of store, reasonable rates thereafter. Call for details.*

2. Choose Your Meals:

Meal	Quantity
Asian Flank Steak	
Black Bean Soup	
Hearty Ham Quiche	
Honey Coriander Chicken	
Orzo Primavera	
Parmesan Chicken	
Pesto Chicken Calzones	
Poached Whitefish with Tomato and Basil	
Rosemary Orange Pork Chops	
Shepherd's Pie (beef)	
Shepherd's Pie (turkey)	
Subtotal:	

Meal	Quantity
Shepherd's Pie (veggie protein)	
Spicy Shrimp and Pasta Casserole	
Thai Pineapple Soup	
Tuscan Burgers (beef)	
Tuscan Burgers (turkey)	
Tuscan Burgers (veggie protein)	
White Bean Chili (beef)	
White Bean Chili (turkey)	
White Bean Chili (veggie protein)	
Chocolate Brownie Pudding Cake	
Subtotal:	
Grand Total:	

3. Choose Your Session:

Please see Session Schedule at our store, or visit www.theprepkitchen.com

	Date	Time
First Choice		
Second Choice		

4. Order and Payment Information:

Name: _____

Address: _____

City and State: _____ Zip Code: _____

Phone Number: _____

E-mail Address: _____

(we NEVER sell or share our e-mail addresses with third parties)

Payment Information

Credit Card Type: Visa Mastercard

Credit Card Number: _____

Expiration Date (xx/xx): _____

*****Note: We will only use your credit card to reserve your space, unless you authorize us to charge it. Session changes and meal choice changes can be made freely with more than 24 hours before your scheduled session. Sessions changes within 24 hours of the session are subject to a \$25 rescheduling fee to cover cost of potential food waste. The Prep Kitchen will make every effort to avoid such a charge by scheduling customers from our wait list. If you cancel your session within 24 hours or do not attend, and do not reschedule, your credit card will be charged \$100.***

May we charge your credit card at this time? Yes _____ No _____

We also accept checks and cash at the store.

Yes, Please include me on your mailing list! I'd love The Prep Kitchen news via:

e-mail _____

regular mail _____

To order, fax to (708) 771-FOOD (3663), e-mail to amy@theprepkitchen.com, or deliver in person to The Prep Kitchen at 7237 Madison St. in Forest Park, IL, one block west of Harlem Ave.

Thank you for your order! We look forward to cooking with you!

The Prep Kitchen
7237 Madison St., Unit 4
Forest Park, IL 60130
Phone (708) 366-PRKP
Fax (708) 771-FOOD
www.theprepkitchen.com

Amy Pokras, Owner
David Wachtel, Owner